

De JAUNE à ORANGE



7

MOROTE  
SEOI NAGE



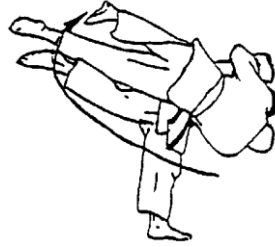
8

KO UCHI  
GARI



9

O UCHI  
GARI



10

HARAI  
GOSHI



11

STURI KOMI  
GOSHI



12

SASAE STURI  
KOMI ASHI



6

KATA  
GATAME



7

KUZURE GESA  
GATAME



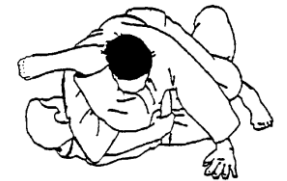
8

MAKURA GESA  
GATAME



9

KUZURE KAMI  
SHIHO GATAME (1)



10

KUZURE TATE  
SHIHO GATAME (1)